

514th AMW Family Support Center

The Airman and Family Readiness Office (A&FRO) assists in development and execution of services, activities and processes that enhance individual, family and community readiness, quality of life and motivation to service. Serves military and DoD civilian personnel, families, military retirees and their eligible family members.

514th Airman and Family Readiness Office is located at 2216 W. Arnold Avenue, McGuire AFB.
Phone: 609-754-8229 or 609-754-8228

514th A&FRO Programs and Services

Personal and Family Deployment Readiness-This program provides support and services before, during, and after a deployment or extended temporary duty (TDY) assignment. A personalized readiness briefing guides Service members through the preparations needed before departing and provides information about services available to help families cope with the challenges they face during a military separation.

Psychological Health Program - The Air Force Reserve Psychological Health Program offers psychological health services to Service members and their families. 514th AMW Wing Director of Psychological Health 609-754-2542.

Key Spouse Program-The Key Spouse Program is a squadron support network for families and loved ones in that unit (flip to the “Spouse Leader” tab). A spouse volunteer is selected to be the liaison between the squadron and the unit families. The A&FRO works with the Commander and First Sergeant to provide initial and continual training for Key Spouses. For more information or to volunteer, contact your squadron First Sergeant.

Heart Link-Heart Link is an Air Force program offering an informative exploration into the military lifestyle to spouses who are new to the military community (five years or less). The 514th A&FRO offers one-on-one meetings with new spouses to welcome them to the Wing and Reserve community.

Transition Assistance-Transition Assistance is for retiring members and airmen demobilizing after 180 consecutive days of active-duty service. It provides them with the information, skills and knowledge needed for a successful transition to the civilian community. Programs and benefits include pre-separation counseling, Individual Transition Plan (ITP) assistance, verification of military experience and training (VMET), resume writing assistance and job fair listing, and referrals to Department of Veterans Affairs (VA) benefits.

Personal and Family Life Education Services-These services enhance the knowledge, skills and abilities needed to anticipate and meet challenges throughout various stages of the military family life cycle. Personal counseling that strengthens individual, family and unit readiness is offered. Services include one-on-one assessment counseling, crisis intervention, and information and referrals.

Personal Financial Management-This service offers information, education and personal counseling to help individuals and families maintain financial readiness and stability and achieve their financial goals. First Term Airmen are required to receive a Financial Readiness Briefing within four months of arrival to their first base. Services include budget development and debt management.

Emergency Financial Assistance-The nonprofit Air Force Aid Society helps resolve short-term financial difficulties and emergency situations. Services are provided on a case-by-case basis and are only available to Reservists on active-duty Title 10 orders. Interest-free loans or grants may be provided for basic living expenses, primary vehicle repair, bridge loans (in the event of family member's death), and family member scholarships.

Career Development-This service provides education and guidance to enhance the marketability and employability of Service members and their families. Services Include resume writing assistance, job fair listing, and job search resources.

Suicide Prevention Program-The goal of the Suicide Prevention Program is to improve readiness through the development and enhancement of policies designed to minimize suicidal behavior. Individual readiness for Service members and their families preserves mission effectiveness. 514th Wing Suicide Prevention Program Manager: 609-754-2542

Psychological Health Program-The National Guard Psychological Health Program (PHP) offers psychological health services to Service members and their families. 514th Wing Director of Psychological Health: 609-754-2542