

EMERGENCY MANAGEMENT MONTHLY

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National Preparedness Month

Disasters Don't Plan Ahead. You Can.

September is recognized as National Preparedness Month (NPM) which serves as a reminder that we all must take action to prepare, now and throughout the year, for the types of emergencies that could affect us where we live, work, and also where we visit. This September, NPM will focus on planning, with an overarching theme "Disasters Don't Plan Ahead. You can."

If disaster strikes, will you, your family, or your co-workers know what to do and where to meet up if separated?

Develop an Emergency Plan

Make a plan today. Your family may not be together if a disaster strikes, so it is important to know which [types of disasters](#) could affect your area. Know how you'll contact one another and reconnect if separated. Establish a family meeting place that's familiar and easy to find.

Step 1: Put together a plan by discussing these 4 questions with your family, friends, or household to start your emergency plan.

1. How will I receive [emergency alerts and warnings](#)?
2. What is my [shelter](#) plan?
3. What is my [evacuation](#) route?
4. What is my [family/household communication plan](#)?

Step 2: Consider specific needs in your household.

- As you prepare your plan tailor your plans and supplies to your specific daily living needs and responsibilities.

Step 3: Fill out a Family Emergency Plan

- Download and fill out a family emergency plan or use them as a guide to create your own.
 - o [Emergency Plan for Parents](#)

Step 4: Practice your plan with your family/household

Visit

<https://www.ready.gov/september> for additional

National Preparedness Month information.



2017

Disasters Don't Plan Ahead.
YOU CAN.

Preparing Makes Sense

Make a Plan

Your planning should include how to reunite during a disaster, it should address care of pets, aiding family members that need assistance, evacuation and safely shutting off utilities.

Make a Kit

Your emergency kit should have basic supplies to ensure survival of each person in your family for a minimum of 72 hours without electricity.

Be Informed

Learn what protective measures to take before, during, and after an emergency. Stay informed of the situation via the notification systems on base; i.e. Giant Voice, AtHoc, Desktop Alert and AM 1650 radio station.

Get Involved

Know where local community support agencies are located and what you can do to help.

Build a Disaster Supply Kit

Do you know what you need?

-1 gallon of water per person, per day for 72 hours.

-At least a 3-day supply of non-perishable food.

-Prescription medications.

-First Aid Kit.

-Extra glasses or contact lenses and supplies.

-Extra items for babies or young children: formula, diapers, bottles, medications, moist towelettes, etc.

-Cold weather needs such as jacket, hat and gloves for each family member.

-Manual can opener, flashlight and car phone charger.

JB MDL Office of Emergency Management Training Section

Tim Larkin 609-754-6208
TSgt Holloman 609-754-3731
SSgt Hill 609-754-5194