











# Suicide Prevention Toolkit

Name	Product	Intent
<p><b>Suicide Prevention Waypoints Page</b></p>	<p><a href="http://www.af.mil/telltheafstory.aspx">www.af.mil/telltheafstory.aspx</a></p>	<p>The Air Force Communication Waypoints provide our leadership and communicators some of the tools needed to articulate how we take care of and support the Airmen behind our Airpower.</p>
<p><b>Air Force Suicide Prevention Resources</b></p>	 <p>(Double-Click Icon Above)</p>	<p>The Air Force suicide prevention official website, which also includes various resources that can be leveraged to support suicide prevention.</p>
<p><b>Wingman Toolkit</b></p>	 <p>(Double-Click Icon Above)</p>	<p>The Comprehensive Airman Fitness mission is to build and shape a thriving and resilient Air Force community that fosters mental, physical, social and spiritual fitness in order to help Airmen and family members become more resilient and better –equipped to deal with the rigors of military life.</p>
<p><b>The Airman’s Guide to Assisting Personnel in Distress</b></p>	 <p>(Double-Click Icon Above)</p>	<p>Information for how to assist distressed personnel.</p>
<p><b>Following up on Personnel in Distress</b></p>	 <p>(Double-Click Icon Above)</p>	<p>Information for how to follow up on distressed personnel.</p>



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<b>Suicide Prevention Training Resources</b>	 <p>(Double-Click Icon Above)</p>	<p>Training materials that may be used to facilitate annual face-to-face or web-based training. These resources may also be used as conversation starters and tools for educating and communicating about suicide prevention.</p>
<b>Social Media</b>	 <p>(Double-Click Icon Above)</p>	<p>The Air Force Medical Service Facebook Page which will feature suicide prevention tips, information and graphics throughout the month of September.</p>
<b>Suicide Prevention Program: AFI 90-505</b>	 <p>(Double-Click Icon Above)</p>	<p>Air Force policy and guidance on our suicide prevention program. This AFI also has helpful checklists for leader responses to attempted suicide or post suicide.</p>
<b>Ask, Care, Escort and Leadership Actions</b>	 <p>(Double-Click Icons Above)</p>	<p>A guide for leadership and peer actions to support suicide prevention.</p>
<b>Helping Agencies and Resources</b>	 <p>(Double-Click Icon Above)</p>	<p>Air Force resources and messaging for suicide prevention training and events.</p>
<b>Suicide Warning Signs, Risk Factors, and Protective Factors</b>	 <p>(Double-Click Icons Above)</p>	<p>Tools for identifying warning signs, risk factors and protective factors.</p>

