Alcohol & Substance Abuse Program

All Service members are encouraged to seek help voluntarily for alcohol and drug problems to optimize mission readiness.

Alcohol & Substance Abuse Program (ASAP)

The Army Substance Abuse Program (ASAP) provides quality, comprehensive substance abuse treatment in support of mission readiness. ASAP offers outpatient services to address alcohol or substance related disorders to active-duty Service members and the civilian population, as well as to their families.

Clinical Services

Clinical services are delivered by Licensed Clinical Social Workers who are also credentialed. Referrals can be made by self, medical providers, civilian supervisors and/or commanders.

- Military substance/alcohol related incidents must be reported to clinical ASAP within five working days.
- Clinical services for civilians are voluntary and completely confidential.

Army POC: 609-562-4011

For Army Reserve Soldiers, contact the 99th Regional Support Command (RSC) Alcohol and Drug Control Officer (ADCO): 609-562-7057.

Biochemical Testing Program

An active and aggressive biochemical testing program serves as a powerful tool and effective deterrent against substance abuse. The selection process means that all Soldiers believe they may be tested on any day of the year. Smart Testing ensures that testing dates, times and locations are varied and reinforces "any day testing."

It is Army policy that:

- All Soldiers will be tested randomly a minimum of once per year.
- Employees in Testing Designated Positions (TDP) are required to test on a random basis.

ASAP Employee Assistance Program

The Employee Assistance Program (EAP) helps military family members and Department of the Army civilian employees and their family members if they have drug or alcohol problems. EAP provides confidential evaluation, counseling assistance and referral services.

Referrals:

Self-Referral – Eligible individuals can call the office to make an appointment for services or to discuss personal problems.

- Management Referral Supervisors can refer employees for assistance.
- Union Referral The shop steward can advise the union employee to seek assistance.
- Medical Referral The occupational health physician or nurse can refer employees for evaluation or assistance.

Prevention Education

Education and training opportunities are available to Service members, civilian employees and family members.

- Training is available in numerous formats including online, face-to-face, at community events and through awareness campaigns.
- Resources are also available in the form of DVDs/videos, books, pamphlets, visual training aids and PowerPoint presentations.

POC: Prevention Coordinator

Air Force: ADAPT (Alcohol and Drug Abuse Prevention and Treatment)

The goals of ADAPT are to maintain mission readiness through prevention and treatment of substance abuse, minimize negative consequences of substance abuse to individual, family and organization; provide comprehensive education and treatment for individuals with substance abuse problems; and ultimately, return individuals with substance abuse problems to unrestricted duty status or assist them in transition to civilian life.

Treatment is tailored to the individual's needs, and may include detoxification, inpatient (28-day) rehabilitation, partial hospitalization, and/or outpatient treatment.

Unit commanders must refer for assessment when substance use is suspected to be a contributing factor in <u>any incident</u>, <u>within 7 days.</u>

Examples of command referrals:

- DUI (within 24 hours)
- Underage drinking or contributing to the delinquency of a minor
- Harm to people or property
- Police involvement (e.g., public intoxication, drunk and disorderly, etc.)

- Intoxicated on duty (showing to work smelling of alcohol)
- Substance related accident or mishap
- Alcohol use impacting duty (e.g., late to work, hung over at work, etc.)

Commander or First Sergeant should contact ADAPT Program to make a referral; do not tell the Airman to make an appointment, or encourage the Airman to "self-id." If you see a problem, it's your responsibility to fix it!

Contact us by phone, (609) 754-9324, or fax a referral request to (609) 754-9225.