

Mental Health

The 87th Medical Group provides a mental health clinic to all JB MDL active-duty Service members. Services include individual, group and psychoeducational treatment for: stress, depression, anxiety, substance-related issues, marital discord, military duty issues, loss or death, family difficulties, management of anger and physical pain, communication problems, sleep disturbance, and other mental health-related concerns.

Consultations are held at the mental health clinic on the base, but if your needs cannot be met there, you will be referred to a clinic off-base, and mental health staff from the 87th Medical Group will meet quarterly with you to monitor your treatment.

The JB MDL Mental Health Clinic is located at 3458 Neely Road.

To schedule an appointment, call 609-754-9324. You do not need a referral.

Note: Prior to scheduling an appointment, you must have registered with the TRICARE staff at the mental health clinic.

Mental Health Emergencies

Urgent Care Emergencies-The mental health clinic offers walk-in hours Monday through Friday, 1:00 p.m. to 3:30 p.m., to handle urgent care emergencies (e.g., suicidal or homicidal ideation, extreme distress).

After-Hours Emergencies-Anyone at risk for harm and/or with severe psychiatric symptoms should go to the nearest civilian emergency department or call 911.

An after-hours, on-call provider is available through the mental health clinic to help commanders find civilian facilities after hours and to arrange for psychiatric admissions when necessary.

Mental Health Evaluations

The mental health clinic can also provide mental health evaluations.

Commander Directed Evaluations-Routine Commander Directed Evaluation (CDE): The mental health clinic can perform CDEs for all Service branches and provide guidance to commanders on the process.

Emergency CDE: Emergency CDEs are done when there are immediate safety concerns (e.g., suicidality, homicidality) for a Service member who refuses to seek services voluntarily.

Special Duty Evaluations-To apply for special duty, you may be required to submit to a mental health evaluation.

Air Force

The Air Force requires a medical and, on occasion, mental health evaluation of all recruits. If you require a mental health evaluation, staff from the clinic will contact you to schedule an appointment.

The following special duties require a mental health evaluation: Military Training Instructor (MTI), Military Training Leader (MTL), Academy Military Training Noncommissioned Officer (AMT NCO), Sniper School, and Survival, Evasion, Resistance and Escape (SERE).

Other Service Branches-Special duty evaluations for other Service branches may be limited. Contact the clinic to make arrangements.

Army special duty evaluations may be scheduled through the Keller Army Community Hospital in West Point, NY. Phone: 845-938-3441

Suicide Prevention

If you or someone you know is suicidal or in a state of crisis, seek help immediately. At JB MDL, suicidal individuals may go (or be taken to) the 87th Mental Health Clinic. It is open for emergency walk-ins Monday through Friday, 1:00 p.m. to 3:30 p.m. After hours, go to the nearest civilian emergency department or call 911.

JB MDL Mental Health Clinic is located at 3458 Neely Road.
To schedule an appointment for nonemergency care, call 609-754-9324. You do not need a referral.

Military Crisis Line Phone: 1-800-273-8255, Press 1 Text to 838255 For online chat, go to:
www.veteranscrisisline.net

National Suicide Prevention Lifeline Phone: 1-800-273-TALK (8255) For online chat, go to:
www.suicidepreventionlifeline.org

Army Reserve Suicide Prevention

The 99th Regional Support Command (RSC) Well-being Branch is where Army Reserve Soldiers assigned to the Northeast Region go for suicide prevention information.

99th RSC Well-being Branch: 5514 Texas Avenue, Fort Dix Suicide Prevention Program Manager: 609-562-3234

The vision of the 99th RSC is to provide world-class base operations support (BASOPS) for all Army Reserve Soldiers, units, facilities and equipment in the Northeast Region. The command operates a customer-focused service organization that is solidly grounded in the Army values and standards.

The command has visionary leaders and purpose-driven Soldiers and employees who enthusiastically serve in a caring and safe environment to deliver all services and support within their capabilities, whenever and wherever they are needed.